

New Culture Summer Camp Central Oregon

August 17-26, 2012, near Eugene Oregon

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SCCO 2011 Program

Getting to Know You: New Games / Connecting – Friday, August 19

Let's find out who's here and what we have to offer each other! We'll spend much of the time moving around, meeting new folks and deepening existing relationships. Participants can ask questions of the group and get quick, direct feedback on issues they care about. We'll also have time to go deeper in several one-on-one connections. This is a quick, fun, easy way to meet lots of people and to get a sense of the diversity of the group.

Opening Circle / Orientation – Saturday, August 20

We welcome each other into the camp community and go over the nuts-and-bolts of camp culture and logistics.

Family Groups – every other day

Campers will meet in small "family groups" of 5 to 7 people. Family groups provide: 1) an extra support structure for campers, 2) a mixing of new folks and returning campers, 3) a place to reflect on intentions for camp and how camp is proceeding, and 4) a smaller community that will explore the dynamics of doing real work (i.e., camp chores, also known as Karma Yoga) together. Groups will meet for check-ins approximately every other evening from 8:30 to 9 PM, at the Dome (our main meeting area).

Boundaries: Speaking Truth, Meeting Needs, Releasing Attachments – Saturday, August 20



Summer Camp offers opportunities for many new experiences, but it can push our edges, too. How many of us say "yes" to things we don't actually want out of guilt, obligation, or a fear of losing connection? In many ways, "no" is the most intimate thing that one person can say to another. If I can hear your "no," I can trust your "yes." Practice the skills of self-awareness (what do I really want?), transparency (revealing our true desires), and non-attachment (dealing with the feelings associated with not getting our first choice) in this experiential workshop. These skills enable us to find the space of mutually desired and open-hearted connection that is available to us with each person.

Sarah Taub (www.sarahaub.com) will be leading us in this exploration.

New Culture Etiquette Skits – Saturday, August 20

In our transparent New Culture, we share our needs and expectations openly. Our team of campers will give us some tips on situations that we may not have experienced before.

ZEGG Forum – daily

[The Forum](#) is a group process developed at the German community ZEGG to provide a stage for whatever is happening inside the person: one's true motivations, deep feelings, ideas and emotions. The Forum helps facilitate transparency, sharing and clarifying unsolved situations of daily life, and it can be a catalyst for one's own personal growth.

Safer Sex Information and Conversations – Sunday, August 21

In a sex-positive and body-honoring community, we have a responsibility to educate ourselves on how to keep ourselves safe while having fun. We'll go over the latest medical information, and practice talking with community and prospective partners about these issues.

Heart of Now Triad Work – Sunday, August 21



The essence of [The Heart of Now](#) is the practice of being present with your whole self: your emotions, your thoughts, your body, and the place in yourself that is connected to everyone and everything. When you are present with yourself, you can experience the people, situations and circumstances of your life with greater honesty and clarity. At Summer Camp, we will explore what it means to assist someone as they practice presence and we will have a chance to practice with each other.

Lisa Stein has been participating in the Heart of Now for seven years and has been involved in personal growth work for the last twenty-five years. Her roots are in co-counseling, gestalt, dream-work, psychotherapy, and process-oriented psychology which she incorporates into her work as a facilitator and mediation counselor.

Gender Circles – Sunday, August 21 and Friday, August 26

We meet in single-gender groups to connect on issues of shared interest. Usually we have a men's group, a women's group, and a gender-fluid group; campers are welcome to propose other gender groups.

Celebrating Our Divine Passion: A Radiant Puja – Sunday, August 21



A playful, nurturing evening of connection and sacred ritual as we practice erotic and romantic arts. You'll be guided in interactions with many others as you breathe together, do soul gazing, and enjoy sensual ways of connecting, all within a context of healthy boundaries and respect.

- ♥ Enjoy being nurtured by warm-hearted connections
- ♥ Breathe your way into joyous delights
- ♥ Drop deep into sensual connection honoring the divinity in us all
- ♥ Hone your Tantric skills and nourish new heart connections
- ♥ Our deepening bonds bring healing to us all

Evalena Rose M.A., has led workshops on intimacy and Sacred Sexuality for 18 years & founded LoveJourney: Tantra of the Heart in 1997 to offer workshops and evolve a community developing sex-positive lifestyles. She has two compassionate communities, one for women only, and one for men and women. She has led intimacy workshops and Goddess-centered rituals for 30 years, guiding people in erotic and romantic arts within a container of love, respect, and honoring. She coaches couples and individuals in Tantra, teaches skills for fulfilling relationships, and offers couples' counseling with humor and deep insight (www.lovejourneytantra.com and www.tantraforwomen.com). Evalena's deeply spiritual work includes 30 years private practice in MetaTherapy, couples' work, multidimensional healing, & channeling, plus Tantric coaching. She brings to this work two degrees in psychology and decades of study in alternative healing, shamanism, body-centered therapies, energy balancing, soul retrieval, Tantra, communication skills, and recovery from incest, abuse, and addictions. She offers sessions in Sebastopol, CA and by phone world-wide 707 824-1118, www.evalenarose.com.

Making Love Every Moment – Monday, August 22



We spend our lives wanting to experience more love. We are all hungry to be 'in love', to touch hearts with others in real, profound and unforgettable ways – and yet we constantly find reasons to hold back in this moment, or from this person, or in this situation. What if we could be 'making' more love in every moment, with every person, and within ourselves? What are we afraid would happen if we stopped holding back all of our truth, all of our tenderness, all of who we are? Why do we stop ourselves from loving full out? What might be possible if we trusted ourselves? This workshop, based on the work of the Human Awareness Institute (www.hai.org), will create

safe and precious time to explore our heart's edges, calling us to challenge, to open, to soften more deeply, honoring the mystery and magic of how our hearts open and close. What if life is simply one big, endlessly unfolding opportunity to feel and create love?

Val Hammel and Tina Estes are an unstoppable force of nature. They don't put much stock in rules and love nothing more than tackling way too big juicy projects that catch their interest. Drawing from a huge background in life and self-development, including a collective 32 years of involvement with HAI, they are self-made counselors, mediators, lawyers and lay experts in psychological abuse, supporting people who are caught up in, or recovering from, subtler and less understood forms of abuse. They love to help individuals, couples and communities learn communication skills, get the most growth out of conflict, and create healthy norms that bring out the best in everyone.

Solsara: Creating Intimacy through the Practice of Honesty – Tuesday, August 23



Larry Kaplowitz has been teaching workshops for nearly 30 years that focus on developing deep and intimate relationships and liberating self-awareness through the practice of honesty. Larry was program director at Lost Valley from 1994 through 2004, during which time he introduced Naka-Ima to the Lost Valley community. It subsequently became one of LV's most popular, well-attended programs, spawning both the Heart of Now and Solsara (www.solsara.net). Shortly after leaving Lost Valley, Larry co-founded Luna & Larry's Coconut Bliss. Larry has 3 children, and with his partner, Luna Marcus, is developing a small community and retreat center at their home just outside Eugene. Larry continues to teach Solsara

workshops in Portland and Eugene.

Dance Party – Monday, August 22

Move your body to wonderful tunes provided by camper volunteers!

Auction – Tuesday, July 23

Expect to be amused and surprised by the variety of unusual items and services donated by fellow campers for bidding. Previous auctions have included such offerings as "1000 kisses" and "a morning serenade." Auction proceeds help to provide scholarships and improve future camps.

Worldwork: Deepening Democracy through Conflict and Creativity – Wednesday, August 24



WorldWork (www.worldwork.org) will introduce methods for understanding your inner experience in a new and more meaningful way, for understanding the dynamics that exist in relationships, communities, and organizations more deeply, and methods for facilitating conflicts and disturbances. It will introduce group facilitation methods that can also be applied in relationship work and mentoring and will show how to work towards finding a deeper, more meaningful collaboration on all levels helping families, teams, and communities work together more efficiently, more effectively, with a greater sense of wellness and ease, and more joyfully.

This workshop will present methods for using your awareness to track and understand the patterns of relationship interactions helping to crystallize your body's awareness and bring more meaning to your relationships. Combined with concepts from quantum physics and earth-based psychology, the workshop will present the concepts and practices for developing a practice of fluid awareness in your relationships, grounding your wellness in a deeply body centered way, and furthering your own visions for your life and your world. This is a brief introductory workshop and participants should come away with a sense of how the tensions that pattern community conflicts also exist within our personal relationships and within our own inner psyches. Exploring the relationship between these levels helps us develop a greater understanding of the field and the roles that pattern our world and help us understand how to facilitate a learning path towards finding sustainable solutions together.

Seminar leader Stanford Siver (www.stanfordsiver.net) is a therapist, facilitator, and Certified Processwork Diplomate. He has studied process-oriented psychology extensively earning a doctorate in the psychology of conflict through exploring the relationship between our inner experience and community, organizational, and global conflict. He is a board member of IAPOP (the International Association of Process Oriented Psychology), a co-founder of the Deep Democracy Institute, and an independent consultant working to bring Process-Oriented Leadership training programs to conflict and developing regions.

Sexual Polarity / Spiritual Oneness – Thursday, August 25



Have you ever wondered how your romantic relationships work energetically? Or how you can show up differently to increase passion and deepen enjoyment, even in a long-term sexual bond? Come join us as we explore the evolution of intimate relationships at all 7 chakra levels. We'll discuss our experiences of sexual energy and spiritual connectedness. There will be plenty of opportunities to ask questions and get feedback. And you'll experience your physical and energetic body connecting with others' in new ways.

Yum Van Vechten (www.honoringthehumanbody.com) is passionate about helping people live their dreams, especially through improved relationships and enhanced sexual experience. Using a variety of modalities, he works with individuals, couples, and groups as a Relationship and Pleasure Coach and Somatic Sex Educator. He has earned a Certificate in Sexological Bodywork from the Institute for Advanced Study of Human Sexuality in San Francisco. He's active in New Culture, having attended 8 events since his first Summer Camp in 2006. Yum has been practicing Tantra, yoga and meditation since 1997, and has been initiated as a Tantric Priest. A long time student of massage, he has been attuned to Reiki. He is grateful for his teachers: Robert Frey, Cynthia Lamborne, Francoise Ginsberg, Osho, Charles & Caroline Muir, Richard Bock, Joseph Kramer, Betty Martin, Celeste & Danielle, and others. To Yum, Tantra is a spiritual path that encompasses all areas of life. Through Tantra, he strives personally for balance and authenticity, while offering acceptance, acknowledgement, appreciation, and support to others. Yum is "tripping the relationship fantastic" with his beloved Desiree. He offers her an open relationship because he supports her ability and willingness to choose what's best for her in every moment.

Embracing the Shadow / Reclaiming Our Power – Thursday, August 25



Deep Calls to Deep . . . In a Circle of love, support and acceptance we learn to listen to the whispers that invite us to sit down and take tea with our shadow selves. Together we will explore the disallowed parts of ourself through humor, story, song, roleplay, movement & journeys into our dreams & inner landscapes. Learn to dance with & embrace your Shadow Self. The Shadow, or Self-hater, holds the treasure-house where-in lies all we have rejected out of shame, fear, patriarchal imprinting and lack of love. Intimacy with our disallowed selves opens us to ourselves, one another, nature, our lovers and ex-lovers, friends and family, the earth, our communities and the world. Welcoming whoever we are in any given moment we learn to feel, to

see, to come alive.

Coming together in Circle to dive in to the Deep Dreaming frees us to access the ocean of possibilities that our soul desires: tender, powerful, raw, vulnerable, creative, naked, ineffable, silent, loud, mysterious, passionate, vibrant, shy, ALIVE, ALIVE ALIVE . . .

Beverly Frederick (www.beverlyfrederick.org) is a companion on the path, opening with us to deepen our connections to Ourselves, the Ancestors, the Magical Threads of the Web of Life and Each Other. Her humor, fiery spirit and ability to create space where we connect body, heart, breath, rhythm & voice to offer the best of ourselves are qualities that are honored by those of us who have shared space with her before.

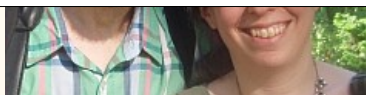
"All acts of love & pleasure are my rituals . . ."

Beverly directs the WisdomWay Center on the Big Island of Hawaii & collaborated for decades, teaching & weaving community internationally with Starhawk & the Reclaiming Community. Her CDs of devotional chants & songs, *In the Arms of the Wild* (2000) & *Through the Darkness* (1998) are still sold worldwide.

New Culture Next Steps: In Our Lives, Our Relationships, and the World – Friday, August 26



Every year at our Summer Camps, we create a heartfelt, mind-expanding, transformative community aimed at creating a sustainable world based on love and freedom. How can we bring more of this energy into our lives and the world? What would this look like for us as individuals, and as an expanding network? Let's figure it out!



Led by Michael Rios (www.michaelrios.com) and Sarah Taub (www.sarahaub.com).

Sensual Feast / Dance Party – Friday, August 26

Imagine a table loaded with succulent fruits, candies, and nuts; in the center are large bowls of chocolate sauce and whipped cream for dipping. But there's a catch – the one rule is that you may not feed yourself! Serving, and being served, are the watchwords of this event. The result is a delicious combination of sensory input: music, movement, people, touch, and yummy treats.

Open Sessions – Saturday, August 27

Join in as the entire camp self-organizes for concurrent events, inspired by your own passions and interests. Open Sessions are an opportunity for campers to convene dialogue groups on topics they've been wanting to explore, or create group massages, or do a music jam together. Participants are free to move from session to session, honoring their instincts and natural enthusiasm.

Cabaret – Saturday, August 27

Come one, come all, and show us more about you! No talent is required – “if you can walk, you can dance; if you can talk, you can sing!”

Closing Circle – Sunday, August 28

Honoring the experience of the past ten days, we will connect, reflect, and bid farewell to this incarnation of our community.



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